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### Track & Field

## Cal Heads To Stanford For Payton Jordan Cardinal Qualifier

*Bears continue outdoor campaign at Stanford*

**THIS WEEK:**

May 4

Payton Jordan Cardinal Qualifier

All Day

Stanford

### 2008 Schedule

#### January

26 at Hampton Inn & Suites Classic

#### February

1-2 at United Heritage Invitational

16 at Husky Classic

29-1 at MPSF Indoor Championships

#### March

7 at Arkansas Last Chance Qualifier

8 at UW Last Chance Meet

14-16 at NCAA Indoor Championships

22 at Hornet Invitational

29 at Sacramento State Nike Elite Meet

#### April

**2-3 Cal Multi Event**

3-5 at Texas Relays

**12 Big Meet**

24-26 at Penn Relays

**25-26 Brutus Hamilton Invitational**

#### May

4 at Payton Jordan/Cardinal Qualifier

9-10 at Pac-10 Multi-Event Championships

10 at 67th Coca-Cola Modesto Relays

16-17 at Pac-10 Outdoor Championships

30-31 at NCAA West Regional

#### June

11-14 at NCAA Outdoor Championships

26-6 at USA Olympic Trials

\* Pac-10 meet.

**All home meets in bold**

### This Week

The California track and field team heads down to The Farm for the Payton Jordan Cardinal Qualifier Sunday, May 4, at Cobb Track & Angell Field. Field events begin at 3 p.m. with the hammer, while running events start at 4 p.m. with the women's 100-meter hurdles. The final event of the night is the men's 10,000 meters, scheduled for a 10:18 p.m. start.

The tentative meet schedule can be found at [CalBears.com](http://CalBears.com).

### Bears Strong at Brutus Hamilton Invitational

Cal won a total of nine events and posted eight NCAA regional-qualifying marks at the Brutus Hamilton Invitational last weekend in Berkeley. Senior **Alysia Johnson** made her outdoor debut, taking second in the 800 meters with a regional-qualifying time of 2:04.94. The time was also the highest of the season for the Cal women in that event.

Junior **Martin Maric** took first place in the javelin with a season-best and an NCAA regional-qualifying mark of 220-04 (67.16m). His mark also ranks him sixth on Cal's all-time list. Maric also took first in the men's discus competition. He improved on each of his throws to finish with a top mark of 188-10 (57.57m).

Senior **David Torrence** took first in the mile with a sub-four-minute performance and a regional-qualifying time of 3:59.10. Following in second with another excellent time was junior **Mark Matusak** at 4:00.59.

Junior **Kristin Holmes** posted a new PR in the 200, crossing the finish line at 24.49. Holmes was also part of Cal's victorious 4x100-meter relay that clocked a regional-qualifying time of 44.85.

Junior **Jake Hanson** won the 400 in a regional-qualifying time of 46.76. Sophomore **Kristen Meister** tied her season-best mark of 5-8.75 (1.75m) in the high jump, which is also a regional-qualifying mark.

### Last Year's Payton Jordan Cardinal Qualifier

At last year's Payton Jordan Cardinal Qualifier, **Ed Wright** recorded his then-personal best of 7-3 (2.21m) in the high jump. Wright's current personal best is 7-3.25. His current season high is 7-2.50.

Also improving her PR was **Mackenzie Pierce** in the 800 meters. Pierce was clocked at a 2:04.78. The time moved Pierce up to fifth on the Cal's all-time list.

Senior Giliat Ghebray set Cal's third best time in the 5000 with his time of 13:42.16 at the meet.

## USTFCCCA Men's Rankings

Week 3

| Team                  | Points |
|-----------------------|--------|
| 1. LSU                | 285.01 |
| 2. Florida State      | 268.80 |
| 3. Texas A&M          | 257.09 |
| 4. Florida            | 226.14 |
| 5. Texas              | 197.09 |
| 6. Auburn             | 189.50 |
| 7. UCLA               | 183.55 |
| 8. Arizona State      | 171.74 |
| 9. Baylor             | 160.54 |
| 10. Tennessee         | 160.28 |
| 11. USC               | 151.97 |
| 12. Arkansas          | 141.57 |
| 13. Texas Christian   | 136.87 |
| 14. UTEP              | 125.81 |
| 15. Liberty           | 125.56 |
| 16. Colorado          | 124.63 |
| 17. BYU               | 112.36 |
| 18. Clemson           | 111.16 |
| 19. Oregon            | 105.28 |
| 20. Texas Tech        | 103.16 |
| 21. Kentucky          | 100.69 |
| 22. Washington State  | 100.10 |
| 23. Wisconsin         | 96.33  |
| 24. Mississippi State | 94.06  |
| 25. Georgia           | 94.03  |

## USTFCCCA Women's Rankings

Week 3

| Team                | Points |
|---------------------|--------|
| 1. LSU              | 344.42 |
| 2. Arizona State    | 311.38 |
| 3. Texas A&M        | 304.58 |
| 4. Virginia Tech    | 212.59 |
| 5. USC              | 191.46 |
| 6. Texas Tech       | 172.85 |
| 7. Florida          | 171.63 |
| 8. Miami (Fla.)     | 158.97 |
| 9. UTEP             | 151.49 |
| 10. Minnesota       | 151.41 |
| 11. Texas           | 131.82 |
| 12. UCLA            | 131.21 |
| 13. Penn State      | 129.69 |
| 14. Oregon          | 126.76 |
| 15. Auburn          | 122.00 |
| 16. Stanford        | 121.00 |
| 17. Florida State   | 120.34 |
| 18. Texas Christian | 116.85 |
| 19. Arkansas        | 116.55 |
| 20. Michigan        | 111.19 |
| 21. Tennessee       | 107.21 |
| 22. Baylor          | 105.22 |
| 23. Arizona         | 95.69  |
| 24. Mississippi     | 94.69  |
| 25. Virginia        | 93.78  |

## In The National Rankings

In the current USTFCCCA rankings, the Cal men are 34th and the Cal women are 39th. In the individual national rankings, Alysia Johnson is No. 5 in the 800 meters, Martin Maric is No. 5 in the discus, senior **David Torrence** is No. 6 in the 1500 meters, junior Mackenzie Pierce is No. 6 in the 800 meters, Ed Wright is No. 6 in the high jump, junior **Katie Morgan** is No. 11 in the pole vault, Mark Matusak is No. 12 in the 1500, sophomore **Ryan Young** is No. 15 in the javelin, senior **Thomas Mack** is No. 16 in the 110-meter hurdles, freshman **Allison Stokke** is No. 18 in the pole vault, Jake Hanson is No. 21 in the 400-meter hurdles, Maric is No. 23 in the javelin, the women's 4x100-meter relay (**Kimyon Broom**, **Kandi Bonty**, Kristin Holmes, **Cherrelle Garrett**) is No. 24 and Kristen Meister is No. 25 in the women's high jump.

## Regional Qualifiers

Cal currently has 36 NCAA regional qualifiers, picking up eight more last weekend at the Brutus Hamilton Invitational. Some of the regional qualifiers include, 2007 NCAA outdoor and indoor national champion Alysia Johnson in the 800, 2007 All-American Ed Wright (high jump), senior **Craig Kent** who has qualified in both the shot put and the discus, 2007 All-American **Cassandra Strickland** in the triple jump, 2007 All-American David Torrence in the mile and the 1500, freshman pole vaulter Allison Stokke who set the all-time school record in the event at 13-3.50 (4.05m) before teammate Katie Morgan surpassed her teammate with a mark of 13-5.75 (4.11m), junior Kandi Bonty in the 400 meters and three of the women's relays (two 4x100, one 4x400) have also regionally qualified.

## Lewy Headed To Beijing

Cal track and field assistant coach **Magdalena Lewy** placed second in the women's marathon in the 2008 U.S. Olympic Trials on April 20 in Boston, Mass. With the second-place finish, Lewy will be headed to Beijing, China, for the Olympics later this summer, as the top three runners qualified for the U.S. Olympic Team. Lewy, who is in her seventh season coaching at Cal, clocked a lifetime-best 2:30:19 to take second overall.

Lewy led for most of the race before she was passed by eventual-winner Deena Kastor at the 2:15 mark. She was in first from the start until the 24th mile of the 26-mile-plus race. Despite losing the top spot, Lewy still held a strong lead over the competitors in third and fourth place, ensuring her spot on the Olympic team.

## Cal Runners Going The Distance

David Torrence and Mark Matusak have earned solid distance times thus far, as Torrence, who made his season debut at the Big Meet on April 12, notched another sub-four-minute mile last weekend (3:59.10) and Matusak notched Cal's fifth best mile time in school history at 4:00.59. Both Torrence and Matusak have regionally qualified in both the mile and the 1500 meters. Torrence clocked a 3:44.30 at the annual clash with Stanford, while Matusak recorded a time of 3:45.85 at the Stanford Invitational on April 5. Teammate **Kari Karlsson** also regional qualified at the Stanford Invitational, crossing the finish line at 29:28.05 in the 10,000 meters.

## Men's Throwers Getting It Done

Cal's men's throwers have been putting up strong numbers the entire outdoor season. Croatian Olympic hopeful Martin Maric, Craig Kent, Ryan Young and redshirt freshman **Patrick Kowalsky** have earned five regional qualifiers between the four of them. Maric has regionally qualified in the discus and the javelin, and currently ranks fifth in the nation and second in the Pac-10 in the discus. Kent has qualified in the shot put and the discus. He posted a new PR in the discus of 178-10 (54.52m) at the Texas Relays

## California Regional Qualifiers

|                      |               |          |
|----------------------|---------------|----------|
| Jake Hanson          | 400 Meters    | 46.92    |
| David Torrence       | 1500 Meters   | 3:44.30  |
| Mark Matusak         | 1500 Meters   | 3:45.85  |
| David Torrence       | Mile          | 3:59.10  |
| Mark Matusak         | Mile          | 4:00.59  |
| Kari Karlsson        | 10,000 Meters | 29:38.05 |
| Thomas Mack          | 110m Hurdles  | 13.74    |
| Jordan Paul          | 110m Hurdles  | 13.96    |
| Jake Hanson          | 400m Hurdles  | 51.08    |
| Ed Wright            | High Jump     | 2.20m    |
| Martin Maric         | Discus        | 61.13m   |
| Craig Kent           | Discus        | 54.52m   |
| Craig Kent           | Shot Put      | 17.64m   |
| Donny Appanaitis     | Pole Vault    | 5.05m    |
| Ryan Shuler          | Pole Vault    | 5.05m    |
| Ryan Young           | Javelin       | 68.76m   |
| Martin Maric         | Javelin       | 67.16m   |
| Cherrelle Garrett    | 100 Meters    | 11.51    |
| Kandi Bonty          | 400 Meters    | 54.44    |
| Alysia Johnson       | 800 meters    | 2:04.94  |
| Mackenzie Pierce     | 800 Meters    | 2:05.04  |
| Mackenzie Pierce     | 1500 Meters   | 4:27.57  |
| Rowena Tam           | Steeplechase  | 10:37.28 |
| Kimyon Broom         | 100m Hurdles  | 13.54    |
| Evelyn Smith         | 400m Hurdles  | 1:00.02  |
| Broom, Bonty         | 4x100 Relay   | 44.85    |
| Holmes, Garrett      |               |          |
| Broom, Bonty         | 4x100 Relay   | 45.03    |
| Dixon, Garrett       |               |          |
| Huxtable, Weems      | 4x400 Relay   | 3:39.83  |
| Smith, Johnson       |               |          |
| Inika McPherson      | High Jump     | 1.78m    |
| Kristen Meister      | High Jump     | 1.75m    |
| Cassandra Strickland | Triple Jump   | 12.74m   |
| Artensia Young       | Triple Jump   | 12.46    |
| Tracey Stewart       | Triple Jump   | 12.33m w |
| Katie Morgan         | Pole Vault    | 4.11m    |
| Allison Stokke       | Pole Vault    | 4.05m    |
| Theresa Raub         | Pole Vault    | 3.85m    |

earlier this month. Kowalsky posted new personal bests in both the shot put and the discus at last weekend's Brutus Hamilton Invitational, recording a 54-8.25 (16.67m) in the shot put and a 156-03 (47.64m) in the discus. Young has also regionally qualified in the javelin with his mark of 225-07 (68.76m).

### Women's Relays Garner Three Regional Qualifiers

The Cal women currently boast three relays that have posted regional-qualifying marks this season – two 4x100 relays and a 4x400 relay. Two of the three relays qualified at the Brutus Hamilton Invitational last weekend. The 4x100 relay consisting of, Kimyon Broom, Kandi Bonty, Kristin Holmes and Cherrelle Garrett clocked a 44.85, while the 4x400 relay of freshman **Hayley Huxtable**, junior **Francesca Weems**, junior **Evelyn Smith** and Alysia Johnson notched a 3:39.83. Broom, Bonty and Garrett are also members of the other 4x100 relay that regionally qualified along with Kayla Dixon at the Big Meet.

### Garrett Named Pac-10 Women's Track Athlete of the Week

Freshman Cherrelle Garrett was named the Pac-10 Women's Track Athlete of the Week, as announced by the conference earlier this season. Garrett earned the honor after her performances at the Big Meet on April 12. This was the first Pac-10 Track Athlete of the Week award for Cal in 2008.

Garrett was a three-time winner against Stanford. She was victorious in the 100-meter dash, the 200-meter dash and ran the final leg of the first-place 4x100-meter relay. Garrett's time in the 100 meters was a regional-qualifying time of 11.51, was a freshman record and ranks her second all-time at Cal in that event. She also set a new PR in the 200 at 24.01. The 4x100 relay clocked a season-best, regional-qualifying time of 45.03.

### Twelve Bears Garner Academic All-MPSF Honors

Twelve members of the California track and field team earned spots on the Academic All-MPSF team, the conference office announced on April 21. The MPSF awarded six Cal men and six Cal women academic honors. The honorees on the list are Kandi Bonty, **Tifani Grimes**, **Pippa Macdonald**, Katie Morgan, Mackenzie Pierce, **Daisy Van Ravenswaay**, **Donny Appanaitis**, **Sean Carey**, Jake Hanson, Patrick Kowalsky, Martin Maric and Mark Matusak.

### Up Next

Following the Payton Jordan Cardinal Qualifier, Cal will compete in the 67th Coca-Cola Modesto Relays and the Pac-10 Multi-Event Championships. The Modesto Relays will take place on May 10 and the Pac-10 Multis will run from May 9-10 in Tempe, Ariz.

### Interim Director of Track and Field Tony Sandoval

**Tony Sandoval**, a familiar name in San Francisco Bay Area track and field circles, continues his 26th year of association with the California track and field program and his first as the interim Director of Track and Field, after serving numerous seasons as the associate director of track and field. Sandoval previously served 10 years as Cal's head women's coach prior to the merger of the men's and women's programs into a single entity.